

FULL DAY SINGING FOR LARKS WORKSHOPS AT THE FOOTPRINT



TIMES: 10.30 am - 4.00 pm. Doors open from 10.00 am.

REFRESHMENTS: Hot drinks, biscuits and fruit are available during the breaks. Tap water will be available all day. Bring a small amount of food to share for lunch. (or bring your own if you prefer). NB. There are no food shops very near the venue.

ADDRESS: The National Trust, St Catherine's, Patterdale Road, Windermere, LA23 1NH

GETTING THERE:

BY PUBLIC TRANSPORT:

There is a train station in Windermere and you can walk from there through the woods. (NB. The path is not steep but it is uneven underfoot). The warden, Debbie, has created a beautiful map (see page 3) to help you find your way, however I strongly recommend you also bring an Ordnance Survey map or app as Debbie's drawing doesn't show everything. In particular: make sure you turn off the main footpath where there's a National Trust sign for 'High Hay Wood' (the sign is not on the path but on your right hand side, at the beginning of the wood). Follow this path, for a short while then you need to **go through a gate that says PRIVATE**. You'll pass some log seating areas with canvas shelters. Keep them on your right and carry on then down the steps.

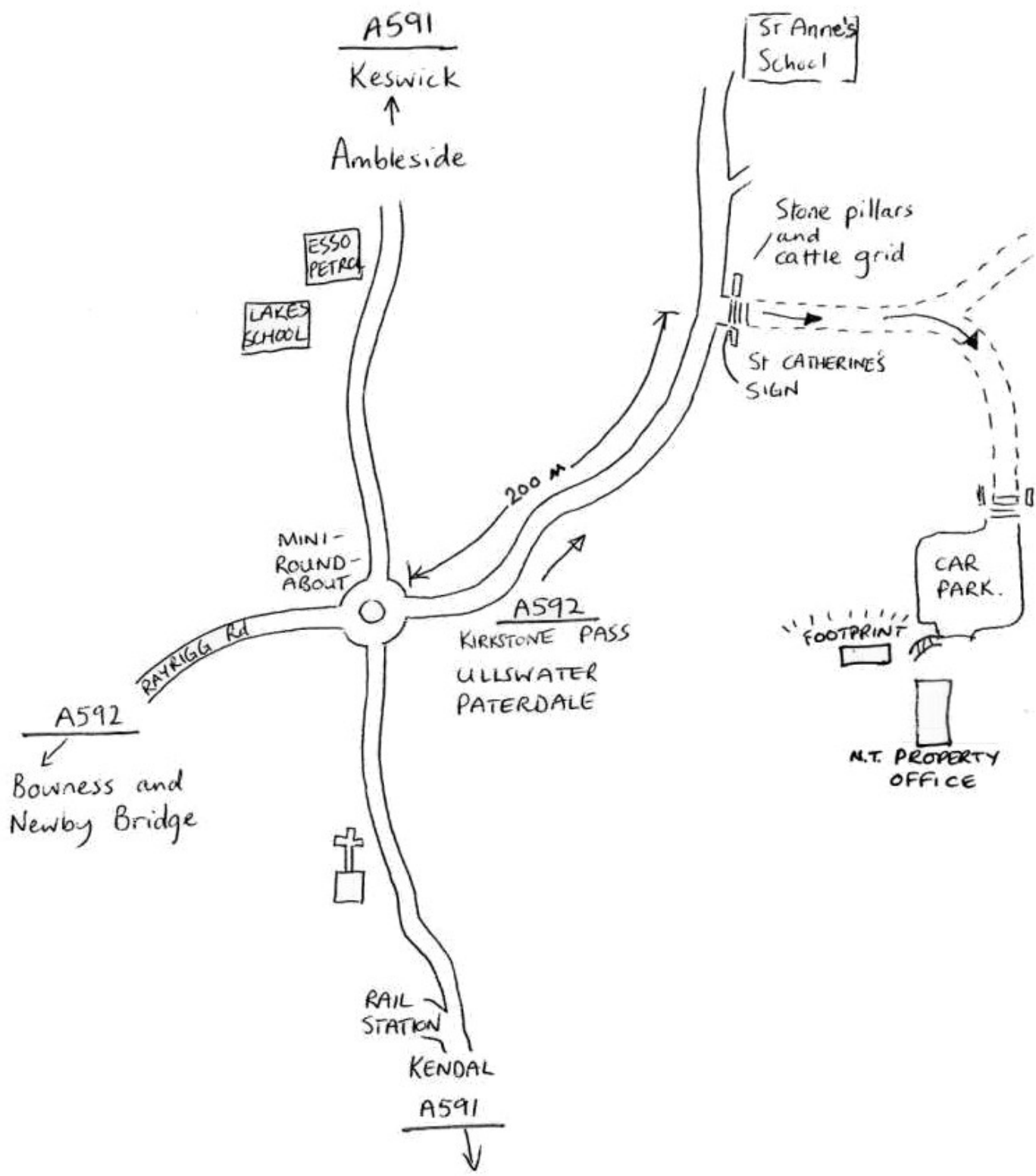
BY ROAD: (SEE MAP ON PAGE 2)

- From the mini roundabout, turn onto the A592 towards Ullswater, Patterdale, and Kirkstone Pass
- Follow the road for 200 metres. At the end of a long beech hedge on the right hand side, there are some iron railings, a pair of stone pillars and a silver National Trust sign, turn **RIGHT** here and go over the cattle grid onto the track
- Follow the track up the field and bear to the right across another a cattle grid
- You'll then reach the car park.

PARKING:

The car park is quite small but please don't park on the verges or driveway. We will be the only group at the centre so we'll probably need to block each other in.

There's space for one or two cars just beyond the car park, which are a little bit nearer to the buildings we shall be using. If you have limited mobility and need one of these spaces, let us know in advance so we can reserve one for you. Go through the opening at the left at the end of the car park then park immediately on the right, opposite the big wooden doors.



MAP OF ST. CATHERINES



KEY

- - - Footpath to THE FOOTPRINT
- - - other paths
- +++ Fence
- ooo Wall
- Buildings
- ▬ main road
- ≡ track

Best view in the LAKE DISTRICT.
ORREST HEAD.

WELCOME TO THE FOOTPRINT

